

## Instructions for Creating a Microsoft HealthVault Account

Your healthcare provider is participating in a federally-sponsored initiative to keep patients more informed about their healthcare and to make their health records more readily available to them. This initiative also encourages better communication between patients and their healthcare providers. THE PURPOSE OF THIS INITIATIVE IS TO IMPROVE THE OVERALL QUALITY OF HEALTHCARE.

One essential component in this process is for patients to have an easily accessible repository for health records and a private, secure method of communicating with their providers. Microsoft Corporation has created a website for this purpose called HealthVault, which is totally free.

HealthVault gives patients a place where they can receive and store health information from a variety of providers, then forward or share all or part of it as needed. It also allows patients to send encrypted messages over the Internet to their providers. This site is extremely secure and the patient is in complete control of who has access to his or her health information.

You are encouraged to participate in this initiative. After all, it's all about you and improving your healthcare and quality of life!

### Setting Up Your HealthVault Account

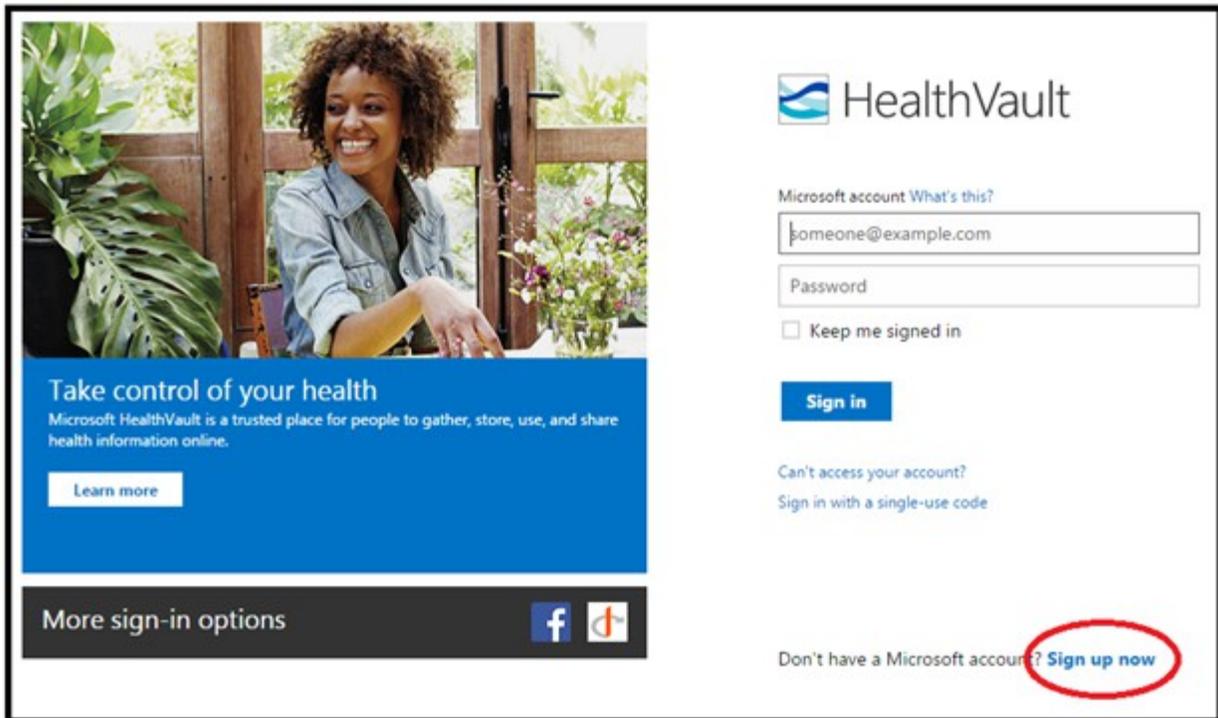
1. From your computer, open a web browser and go to the Internet address:

[www.HealthVault.com](http://www.HealthVault.com)

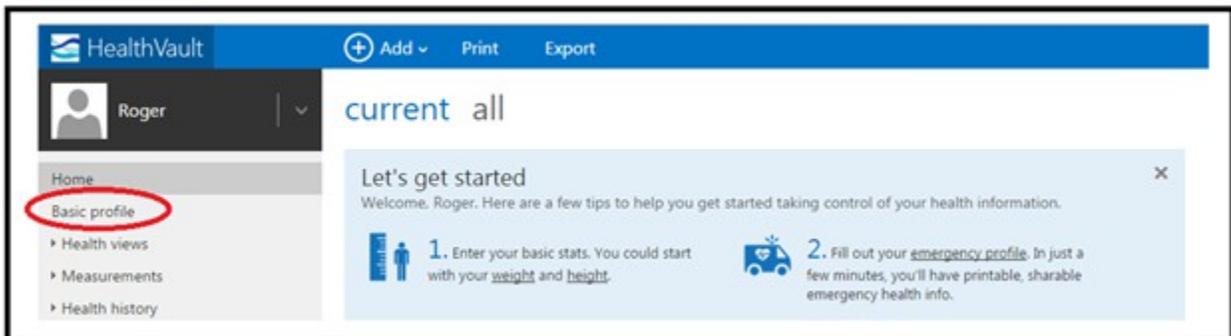
2. Click on the "Sign up or sign in" button in the upper right-hand corner of the screen.



3. Sign in with or create a Microsoft Account. (A "Microsoft Account" is the new name for what used to be called a "Windows Live ID." It is a combination of an email address and a password that you use to sign in to services like *Outlook.com*, *OneDrive*, *WindowsPhone* or *Xbox LIVE*. If you use an email address and password to sign in to these services, you already have a Microsoft Account)



4. Once you have created a Microsoft Account and logged in to HealthVault, you will see a menu on the left side of your screen. Click on “Basic Profile.”



5. Ensure that there is a check mark in the box near the bottom of the page under the “Health care provider reporting” section.
6. Then click the “Save” button.

**Health care provider reporting**

If health information in this record from certain participating providers is used (such as by viewing, download or email), HealthVault adds this person to a report that helps the provider verify that their patients use the information they send. This is part of a U.S. initiative that encourages health care providers to provide information electronically to their patients.

[Learn more](#)

Allow this person to be included in reports to providers.

[Save](#) [Cancel](#)

7. Go back to the menu on the left side of your screen and click on "Health Messages."

Home

- Basic profile
- Health views
- Measurements
- Health history
- Documents
- Health messages**
- Apps & devices

**Let's get started** ×

Welcome, Roger. Here are a few tips to help you get started taking control of your health information.

1. Enter your basic stats. You could start with your [weight](#) and [height](#).
2. Fill out your [emergency profile](#). In just a few minutes, you'll have printable, sharable emergency health info.
3. Connect your health [apps & devices](#) to keep all your health info in one place.
4. Learn how to get your [medical information](#) from your doctor.

8. Ensure that there is a check mark in the box under the "Allow Access to Health Information..." section.

9. Then click the "Allow Access" button near the bottom of the page.

**Allow access to health information for:**

 Roger

Enable health care provider reporting for the selected people. HealthVault allows providers to request reports to certify that users received health information and took a "qualifying action" such as viewing, downloading, or transmitting health information electronically. This application participates in reporting. [Learn more](#)

Visit the [Terms of use](#) and [Privacy statement](#) to learn how HealthVault Message Center will collect and use your information, including where and how they may use, store, and transfer your information; what other information they may collect; and how you can review, edit, or remove the information they hold.

[Allow access](#) [Cancel](#)

10. You will then be transferred to the "Message Center" section of HealthVault. Click the button labeled "Continue to inbox."

HealthVault

Home > Health messages > Settings

## Message Center for Roger Cross

Let's get started...

HealthVault helps you exchange health information with your health care providers, using Direct encryption technology. [Learn more](#)

Roger Cross's Direct address

✉ roger.cross2912@direct.healthvault-ppe.com

Get information into HealthVault more easily

Select this option to have incoming information added directly to HealthVault.

Add incoming message attachments as files

[Continue to inbox](#)

11. Click on "New" to send a message to your healthcare provider.

HealthVault

Home > Health messages

## Health messages for Roger Cross

✉ roger.cross2912@direct.healthvault-ppe.com

[New](#) [Refresh](#) | [Delete](#)

	From	Subject
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12. This messaging service works similarly to regular email. When creating the message, you will need to enter your provider's address in the "TO" box. Your provider's address is:

**drgary@stewartfamilychiro.eonsystemsdirect.com**

Untitled Message - HealthVault Message Center - Google Chrome

<https://messagecenter.healthvault-ppe.com/Message/New>

✉ Send | ✕ Close

You can send messages only to Direct addresses; make sure to ask your health care provider for their Direct address. Please note that sent messages won't be saved in HealthVault.

From:

To:

Cc:

Subject:

Attachment:

Message:

13. When you have completed composing your message, click the "Send" button in the upper left-hand corner of the message window.

14. That's all there is to setting up your own HealthVault account!
15. If you request it, your provider will be sending information to you after your appointments. You will receive a notice at your Microsoft Account address alerting you that you have received health information from your provider. You can review the information immediately if you wish, but it will now be stored there for when you need it in the future.
16. For more information about your new Microsoft HealthVault account, click on the "?" in the upper right-hand corner of the screen.



17. To sign out of HealthVault, click on your name in the upper right-hand corner of the screen and select sign out.

